

## Further Reading on MGD



### Meibomian gland dysfunction: a landmark report

#### The International Workshop on Meibomian Gland Dysfunction. Invest Ophthalmol Vis Sci 2011;52:4 1917-2085.

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Meibomian gland dysfunction (MGD) is a leading cause of dry eye disease throughout the world. Although this condition affects the health and well-being of millions of people, to date there has been no global consensus on the definition, classification, diagnosis, or therapy for MGD.

After more than two years of work by over 50 leading clinical and basic research experts, the Tear Film and Ocular Surface Society has published the findings of the International Workshop on Meibomian Gland Dysfunction in Investigative Ophthalmology and Visual Science (March 2011). The aims of the workshop were to:

- Evaluate meibomian gland structure and function in health and disease
- Understand the definition and classification of MGD
- Assess methods of diagnosis, evaluation, and grading of the severity of MGD
- Develop recommendations for the management and therapy of MGD
- Develop appropriate norms of clinical trial design to evaluate pharmaceutical interventions for the treatment of MGD
- Create a summary of recommendations for future research in MGD

Here's THE VISION CARE INSTITUTE<sup>®</sup> guide to the workshop's key findings:

CLICK [HERE](#) FOR A FLASHCARD ON MGD: WHAT IS IT? WHY DOES IT OCCUR AND HOW MAY IT BE TREATED?

CLICK [HERE](#) FOR A SUMMARY OF THE WORKSHOP'S MAIN FINDINGS

CLICK [HERE](#) FOR HOW TO DIAGNOSE MGD

CLICK [HERE](#) FOR HOW TO MANAGE AND TREAT MGD

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**What we think:** The publication of this comprehensive report is a landmark in our understanding of meibomian gland dysfunction and a major step forward since the DEWS report on dry eye was released in 2007. It's worth reading some of the key sections of the report, which have a wealth of information to apply in your practice to the benefit of your patients.

#### USE THIS IN YOUR PRACTICE TO:

- Update your knowledge of lid disease and dry eye
- Review your strategies for diagnosis and management
- Look out for signs and symptoms of MGD in contact lens wearers
- Ensure that your advice to patients is based on the latest evidence